



Erasmus Module
**Psychology of leadership
 in extreme situations
 (Leadership)**
 Description

Vasil Levski National Military University
 Doc.: ES/2018/09
 Date: 10-09-2018
 Origin: BG VELIKO02

Country BULGARIA	Institution Vasil Levski National Military University	Module Psychology of Leadership in Extreme Situations (Leadership)	ECTS 3.0
Service All	Minimum Qualification for Lecturers <ul style="list-style-type: none"> English: Common European Framework of Reference for Languages (CEFR) Level B2 or NATO STANAG 6001 Level 2. Adequate pedagogical and psychological competences. Thorough knowledge of the topic taught. 		
Languages English, Bulgarian			
Prerequisites for international participants: <ul style="list-style-type: none"> English: Common European Framework of Reference for Languages (CEFR) Level B1 or NATO STANAG Level 2. The end of the 1st year of national (military) higher education. Adequate physical and psychological preparation. Basic knowledge of the leadership (incl. military leadership) 		Goal of the Module: <p>The main goals are in the line with the trends in the development of psychological science and are limited to:</p> <ul style="list-style-type: none"> to learn the basic psychological features of the leadership models, the extreme situations and the characteristics of personality, group and crowd behavior; to apply psychological training to action in extreme situations; to build ability to assess of the indicators to measure the effectiveness of the leader and the group in extreme situations; to form an attitude to provide psychological support and assistance in times of crisis. 	

Learning outcomes	Knowledge	<ul style="list-style-type: none"> Modern theories of the Leadership and the aspects of the relationship “personality – situation”. The characteristics of the extreme situations and the psychological aspects of their management. The mental crises, stress reactions - prevention and help. Crisis survival. Methods of psychological training for the experts to manage extreme situations.
	Skills	<ul style="list-style-type: none"> To adapt quickly into a changing environment. To select the appropriate leadership style of behavior according to the specific situation and to manage effectively the groups (teams). To make fast and correct diagnosis of the changes in personality's behavior under the influence of extreme factors. To form a psychological readiness for action in extreme situations.



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	Competences	<ul style="list-style-type: none"> • Capacity to understand the main categories and concepts of the essence of extreme situations and their impact on the personality and the social. • Capacity to evaluate the various manifestations of human psyche and behavior. • Capacity to motivate the subordinates/member's team to cope with different mental problems and other factors. • Capacity to apply appropriate methods to manage the group/team effectiveness.
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<p>Verification of learning outcomes</p> <ul style="list-style-type: none"> • Observation: Throughout the Module students are to accomplish different practical exercises individually or in teams. During these tasks students are to be evaluated in order to observe how to apply their knowledge. • Test: In end of the course, students have to present report and presentation connected to the included topics in the module.

Module Details		
Main Topic	Recommended WH	Details
Basic Principles of Module	20	<ul style="list-style-type: none"> • Basic leadership's theories. • Effective model of leadership during extreme situations. • Personality and situation. • Adaptation to a new social environment. • Psychological characterization of an extreme situation. • Stressful situations. The principles of Leadership and Stress Management. • Psychology of the survival.
Practical Aspects of Module	10	<ul style="list-style-type: none"> • Seminar "Famous leaders". • Exercise and situational game "Essence of the group and dynamics of its development" • Role game " The differences in the social groups"
Additional hours to increase the learning outcomes		
Self-Study	10	<ul style="list-style-type: none"> • Enhancing knowledge by studying specific reports, documents and lesson learnt related to the human behavior in extreme situations and its management. • Reflection of the topics issued.
Total	40	